



INSPIRE



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We are hundreds of young Africans impacting positive changes in thousands of lives in Africa! Joins us!



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EDITORIAL

The stability of a political system, the continent or whatever way of life depends on whether its principle of legitimacy is perceived as justified. African states for the passed month had been unstable, as prices of basic commodities are experiencing a great rise; situations of violation of human rights, lack of freedom and violence against youths are also prime.

In this twelfth edition of INSPIRE African youths set out to acknowledges that the cultural and social realities of modern society impose certain tasks and constraints upon our attempts to make sense of the proper nature of development through articles on human right, freedom, democracy, justice, violence and the millennium pandemic the HIV/AIDS. ■ **INSPIRE TEAM**

EDITORIAL TEAM

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The editors have taken every care to make sure that the contents of this newsletter are as accurate as possible. The authors have ultimate responsibility, however, for the content of individual articles.

NAYD MEMBERS

BAPESU Seedling Project Report

The seedling project is organized by Benevolent Association for the Protection of the Environment and the Socially Underprivileged (BAPESU).



BAPESU Nursery

The target group for the program were the youths (young people) of the Mezam

Division, NW Province of

Cameroon. The goal of this project was to assist youths with seedling inputs so as to help the youths open farms that in turn will act as a good source of income (economic empowerment). BAPESU is running a nursery whereby seeds are purchased, nursed and distributed to youths (young farmers) in helping them improve their lives. Youths of many villages in Mezam (Tubah Sub Division) have benefited much since the launch of the project in July 2007. This project was implemented with support from XminY Solidariteitsfonds

Specific goals and objectives

* Open a seedling nursery whereby seeds are purchased, nursed and donated/distributed to youths (young farmers) in helping them improve their lives.

*Generate income for youths (economic empowerment).

*The beneficiaries are to contribute back to BAPESU after so as to permit it to assist other youths with seedling donation.

*In some cases supply youths directly with the seedling for them to plant in their farms.

*The provision of farm tools and fertilizers for farmers in return for purchase.

The seedling project was carried in Tubah Mezam Division that is essentially made up of rural communities. The project which covered a period of 7½ months has experienced huge appreciation from the beneficiary and they are calling for more actions to help the youth population that is suffering from marginalisation and abject penury. Due to the insufficient, tardy

or late and somewhat difficult acquisition of funds the project had to take off behind schedule. This called for some inconveniences and adjustments.

The project effectively took off in late July 2007. The target population was made aware of the existence of the project. The project management



Akama Olga N. (Project Secretary)

team worked in gossamer thread of close collaboration with local youth groups commonly called

Njangi, farmer's group's especially young girls. After an identification of beneficiaries, they were divided into groups. Eleven (11) groups have been identified and have benefited from the seedling



Youths collecting seedling from BAPESU main Nursery

program. Beneficiary youths and youths groups were recruited from all the

five villages of the Tubah Sub Division (Mezam Division) The villages include Bambili, Kedjom-Keku, Kedjom Ke-tingo, Bambui, and Sabga.

Three field training workshops and farm demonstrations were held concerning the cultivation of agricultural products such as palm, tomatoes, water melon, and spices. Through this very practical workshop farmer's capacities were greatly improved. In collaboration with sister NGO's and social organisations, the objectives of BAPESU were attained. Since MEBONU (Mendel botanical nursery) had similar objectives, and trained experts, we worked together for aiding reasons. So far a good number of youths that had no means of assistance and little or no ideas in farming have benefited much by grouping themselves and collecting seedling for their newly created farms.

Training on crop care especially in gardening for those that opt for spices, tomato farming was carried.

Outcomes: 5 villages have been covered in the seedling program with 11 youth groups benefiting. 6 new farms have been established and the beneficiaries have already been experiencing some improvement. BAPESU has established a permanent nursery to assist young farmers.

Key lessons learned from this work: That quite much is achieved or realized with little funding. In order to make any development project very beneficial it has to be participatory and the beneficiaries at the centre of the project in all stages of the project. That is making the target group define their needs by themselves. ■

BAPESU Office

Plight of Cameroonian Youth: The Challenge of Living in a Morally Decaying Society

Uncertainty, insecurity and even fear of the future are amongst the problems that confront youth in Cameroon. After providing an overview of the challenges that face Cameroonian youth, this article argues that though prospects are grim, the youth must not wait but act to reverse the tides.

Getting a Job after School: When Mediocrity Overrides Meritocracy. Whether well-trained or not, getting a job after schooling is dilemma to many graduates. The difficulties have made many graduates to believe that the only way to succeed or get to their modernity dreams is to be corrupt. For example, they need to bribe their way to get to the professional schools. Each year, several hundred of thousands and millions of francs CFA are spent by parents to enable their children gain admission into state training notably ENS, INJS, ENAM, CUSS, which are the principal gateways to the public service. In many cases, the amount per candidate exceeds a million with some going over 2 million francs CFA. Directors of these schools made a lot of fortune from the obnoxious practice and have gone free. Other graduates get recruited into the public service through client-patron networks. In such a situation, meritorious and hard working

youth who should be recognized and compensated, watch with dismay how weaker mates are given recruitment, promotion and distinction. The situation is further compounded by the fact that, the education system does not equip them with the right tools to carry out youth-led development projects. It provides half-baked education which does not adequately equip students with the right skills and tools to be competitive enough in the global market. Generally, in today's Cameroon it is difficult for honest, truthful and hardworking people to succeed, whether in education, politics or business, as fraud is the hallmark of the system

Youth and Political activism

From time immemorial, youth have always been a major force in initiating change in many societies. This may not be very true of the Cameroonian youth. Though they played a key role in the pro-democracy movement of the 1990s, the years that followed experienced their rapid withdrawal. This is because the electoral democracy failed to win their confidence. Hence, youth no longer trust the political system, its electoral procedures and their outcomes because these procedures are unfair. In addition, the slogan that "youths are the leaders of tomorrow" has been used as a pretext to exclude youths from decision making and to limit their aspirations. Though youth wings are attached to many political parties, they have not enabled young people to play any effective role in presenting youth problems. Associations like President Paul Biya's Youth (PRESBY) and other similar groups are mere smoke screens to further perpetuate manipulation of youth. As a result of these numerous setbacks, the majority of young people have adopted a defeatist attitude regarding their capacity to bring about change. Today, there is generalized apathy, fear, ignorance, apprehension, scepticism, resignation and withdrawal from state affairs among young people. This withdrawal or disinterestedness in state affairs is not a healthy situation of governance and democracy. Even worse, it has made youth more vulnerable to preying politicians. Little surprise therefore that youth, especially university youths are being manipulated by the political and bureaucratic elites for their own ends. As employment prospects are bleak and many young people unable to fulfil their basic needs, they have become easy preys for unscrupulous and overzealous politicians, who take advantage of their vulnerability to recruit them as "ambulant"

or proxy voters during elections. Some young people have even been used as thugs to disenfranchise fellow youth. This is in exchange of fulfilled or unfulfilled promises of recruitment into the public service, state companies or simply given money.

Seeing Young People as a Resource, not a Problem. Youths constitute an essential resource for development endeavours, yet remain untapped. Nature dictates that youth have energy to spare and eagerness to use it. They are ambitious, dynamic, constructive, enthusiastic and energetic and so their participation in governance and development. But unfortunately, youth participation has been completely excluded from the mainstream of the state's work, governance and development. This is a waste of human resources. Youths have been wasted in joblessness and used for the wrong doings. In the words of the Secretary General of the Commonwealth, Rt Hon. Donald McKinnon, "Postponing young people's participation in governance can be very dangerous. In economic terms, it represents a squandering of human resources".

What Youth Should do. What comes out clearly from this paper is that the future of Cameroonian youth looks bleak. However, young people should not give up. It has come to the time when they must learn to say no to political manoeuvres and all sorts of manipulations. What should guide they youths is being true to themselves. Young people should consider themselves as one of the important stakeholders with a collective responsibility to participate actively in nation building. They must realize they can be engineers of change by making themselves the best resource for development. They should be able to forge local and national networks to ask for more space within the political process. They must learn to make their voices heard in the public arena, to speak up for their selves rather than observe from the sidelines. University youth should show the way to the rest of the Cameroonian youth. This can help to mobilizing youth for greater involvement in governance. ■ **Walters Samah, PhD: CAPED International (Cameroon)**

Brief History of Student Global Aids Campaign



Student Global Aids Campaign
L'étudiant campagne globale d'aides
SGAC, Cameroon
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Email: sgaccameroon@yahoo.fr
SGAC Cameroon Chapter, REF

0242/ADR/J06/APPA

What is the student global aids campaign?

The Student Global AIDS Campaign (SGAC) is a national movement with more than 85 chapters at high schools, colleges, and universities across the United States committed to bringing an end to HIV and AIDS in the U.S. and around the world through education, informed advocacy, media work, and direct action.



What are we fighting for? *Fund the Fight. Treat the People. Drop the Debt. Stop the Spread.* With 42 million people living with HIV and AIDS around the world, an additional 15,000 becoming infected every day, and 8,200 people dying every day, we need effective and science-based prevention programs and inexpensive, life-saving AIDS medications. In order to accomplish these things, SGAC demands access to treatment, complete funding of the U.S. share of the global HIV and AIDS need, comprehensive prevention programs, fulfilling funding of U.S. prevention and treatment programs, and debt cancellation.

What does a SGAC chapter do? Student Global AIDS Campaign chapters participate in national campaigns and actions as well as develop and carryout their own projects. The work of SGAC chapters includes

- Educating students about the global AIDS crisis and their role in fighting it by holding teach-ins, film screenings, lectures, etc. on campus
- Lobbying, writing letters, and making phone calls to the President and members of Congress about global AIDS

- Utilizing media and direct action by holding rallies and press events to galvanize public opinion in the fight against AIDS
- Raising money for and partner with organizations fighting AIDS in the U.S. or abroad

What have SGAC chapter accomplished?

Student Global AIDS Campaign members and chapters have played a critical role in some of the most important developments in the fight against global HIV and AIDS over the last 3 years. Among other things, SGAC has played a key role in:

- Winning increased access to healthcare for Coca-Cola's workers in Africa;
- Helping pass several key pieces of HIV & AIDS and orphans legislation;
- Getting all nine Democratic candidates in the 2004 Presidential election to announce comprehensive HIV & AIDS platforms and talk about AIDS on the campaign trail, after President Bush would not;
- Pressuring Congressman Jim Nussle (R-IA), the chair of the House Budget Committee, to increase the budget proposal for the International Affairs Account by almost \$3 billion (which he said he did because of HIV and AIDS activists).

How can you help?

Join your school's SGAC chapter.

Condemnation of Police Brutality against Coast Civil Society Activists

The Civil Society Fraternity at the Coast strongly condemn the barbaric brutality and arrest of 10 of its core Members, lead by Hussein Khalid of MUHURI, by the Kilifi Police. The activists had a constitutionally guaranteed right of expression and opinion. They too had a right to peacefully present their grievances and petition to the discredited Chairman of the Electoral Commission of Kenya ECK, Mr Samuel Kivuitu and his equally discredited team. The ECK cannot burry it's had in sand and pretend that nothing happened. It was the fiasco of the ECK results of the December 2007 Elections that lead to the death of not less than 1,000 innocent Kenyans and the displacement of another 500,000.

The discredited ECK cannot be allowed to continue wasting taxpayer's money in opulent hotels with a business as usual attitude and to continue to enjoy impunity. This is totally unacceptable and must be vigorously resisted and rejected by all citizens. The Police are thus totally wrong in trying to defend people (ECK) who should themselves be charged with criminal negligence and crime against humanity.

The Police Action against the coast based activists is draconian, undemocratic and a threat to the fundamental freedoms of expression and opinion. The Police must be told in no uncertain terms that no amount of force, brutality, threats, intimidation or coercion will kill the resolve of the people to demand for the dissolution of the ECK and the prosecution of Kivuitu and his bunch of incompetent pretenders. WE DEMAND JUSTICE! KIVUITU MUST GO!!

We also demand the immediate and unconditional release of the Activist. The Police must stop political persecution of the people of this country whose only offence is to demand for their rights and justice.

RELEASE THE INNOCENT WOMEN IMMEDIATELY OR WE WILL ORGANIZE THE MOTHER OF ALL DEMONSTRATIONS AGAINST THE POLICE. Our taxes are not freebies. Our taxes are our rights. ■ **Jacob Boaz Muoga (Sec. Gen.)**

Magak Michael (Chair)

Coast Civil Society Congress

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Fight the Good Fight: Six Tips to Managing Workplace Conflict

Ever held a differing opinion from your boss?

Boasted dissimilar ideas than your co-worker? Been knocked out by a colleague over a disagreement about a project? (OK, so the last one might be a stretch, but it's happened before...)

Like birth, death, choice and change, conflict is a constant fact of life. It's also a fact of the workplace, especially when you deal or interact with people. While disagreements and differing opinions are normal, even healthy, in work

relationships, conflict can cost your company productivity, money and employee satisfaction.

Fifty-three percent of workers said they lost time at work worrying about a past or future confrontation with a co-worker, according to a recent survey by researchers at the University of North Carolina. Twenty-eight percent of those surveyed said they lost work time because they avoided the confrontational colleague, and 37 percent said a hostile altercation caused them to reduce their commitment to the organization. Twenty-two percent said they put less effort into their work because of bad blood at the office.

Reasons for animosity at work run the gamut from weak communication to personality clashes to poor leadership. Whatever the reason, early intervention is the key to managing conflicts before they become crises.

Make use of the following tips to resolve conflict at work:

Choose your battles. How important is the dispute really? Does it truly affect you, and is it a chronic problem? If it's a one-time incident or mild transgression, let it pass, a professional divorce and business mediator.

Expect conflict. Decide that friction will occasionally emerge in the course of human relationships. Don't fear it – rather, learn to spot the symptoms early and see opportunity in the resolution.

Use neutral language. Avoid judgmental remarks or sweeping generalizations, such as, "You always turn your reports in late." Use calm, neutral language to describe what is bothering you. For example: "I get very frustrated when I can't access your reports because it causes us to miss our deadlines." Be respectful and sincere, never sarcastic.

Practice preventive maintenance. Avoid retreating to the safety of withdrawal, avoidance or the simplistic view that your co-worker is a "bad person." These are defence mechanisms that prevent the resolution of conflict. Focus on the problem, not the person. Never attack or put the other person on the defensive, he says. Focus on actions and consequences.

Listen actively. Never interrupt the other party. Really listen and try to understand what the other

person is saying. Let him know you understand by restating or reframing his statement or position, so he knows you have indeed heard him.

Get leverage on yourself. When dissent between you and a co-worker appears without resolution, it is time to get leverage. Ask to be held accountable. This brings your performance evaluation into the equation but without taking away your responsibility for resolving the conflict. This is hard to do, but remarkable change can happen when you are held to task. ■
Research effort: Christian Phuebong Tabifor

OPPORTUNITIES

Job Opening: 'Senior Programme Officer' (Project Position), Division of Regional Cooperation in Nairobi. The deadline for this vacancy expires on '2008-4-28'. Follow the link below to find out more about the vacancy (http://www.unep.org/vacancies/default.asp?vac_level=Project)

Job Opening: Research & communication intern legacy initiative – International Rescue Committee – Sierra Leone

Deadline for application: not set

Duration: 12 months

Location: Freetown , Sierra Leone

The International Rescue Committee (IRC) is one of the largest humanitarian agencies in the world, providing relief, rehabilitation and post-conflict reconstruction support to victims of oppression and violent conflict. IRC has worked for over seven decades and today is involved in over 25 conflict zones in the world. We address both the immediate, life saving needs of conflict affected people in an emergency and the reconstruction needs in post conflict societies. The International Rescue Committee has been working in West Africa since 1992, with communities that have been affected by the wars that have raged in this region. Our focus has been on protecting children and young people, to mitigate some of the worst consequences of the fighting and displacement. With the Legacy Initiative, our aim is to build on what has been accomplished to date, with the knowledge and insights that come from our years of experience working with children, communities and local and national governments, to help generate a sea change in terms of real and sustainable educational opportunities for children and youth in the region.



Responsibilities

Under the supervision of Regional Director and Regional Technical Staff, the Research and Communication Intern will perform the following activities:

- Assist with research projects in education as needed - literature review, administrative tasks, writing, editing of reports
- Assist with collating information, drafting, and editing quarterly donor reports
- Assist with planning workshops and conferences
- Assist in the implementation of Legacy publications including design, writing, editing, etc.
- Assist in the maintenance of log frames and work plans
- Assist in the writing of project status reports using data from the field
- Help with administration of project website – including providing content
- Participate in workshops and/or conferences as needed
- Other tasks as assigned by the Director

Qualifications

- Bachelors degree in international development or a related human development field
 - Excellent written communication skills
 - Good interpersonal skills, with experience working with diverse cultures
 - Ability to work independently; manage projects on a daily basis with minimal supervision; detail oriented
 - Fluency in English required
 - Fluency in French highly desirable
 - Strong research and analytical skills
 - Knowledge of action research methodology
 - Strong computer skills: facility with MS Word, Excel, PowerPoint, and email/internet software.
- For more information and application procedure, please visit: www.IRCjobs.org.

Resource: Congolese women's campaign against sexual violence in The DRC

The Congolese Women's Campaign Against Sexual Violence in the Democratic Republic of the Congo (DRC) is an initiative launched by women's associations in Eastern DRC to bolster the fight against sexual violence. The Campaign is supported by the Coalition for Women's Rights in Conflict Situations.

The scope of sexual violence in the DRC is a well known reality that has been documented and reported by media, NGOs, international

institutions and States. Initiatives and calls for mobilization against sexual violence have multiplied over the last four years, but have not brought any concrete results on the ground. Born of the need to bolster the fight against sexual violence, the Campaign aims to ensure that the assistance mobilized goes directly to the victims. To sign the online petition, please click visit: <http://www.rdcviolencesexuelle.org/site/en/node/58> For more information on the campaign, please visit: <http://www.rdcviolencesexuelle.org/site/en/node/35>

HELP REQUEST

NAYD International

Contact Person: Pochi Tamba

Tel.: +0023796509761,

Email: pochitamba@nayd.org

NAYD International would like to invite Sponsors to assist its members participate in the 4th World Youth Congress from August 10th to 21st 2008 in Québec, Canada

NAYD Cameroon

Email: naydcameroon@yahoo.com

Contact Person: Chi Primus

Help Request: Funding to support 2 initiatives

'Poverty reduction strategies and young people'

'Young people and the preservation of community water catchments'

BAPESU

Email: donate2bapesu@gmail.com

Tel. +237 77 49 13 45 Fax: +237 3347 11 86

Contact Person: Christian P. Tabifor

Help Request: Benevolent Association for the Protection of the Environment and the Socially Underprivileged "BAPESU" is urgently appealing for the donation of a website (domain registration and hosting) from kind individuals, organizations, companies, business etc. This will make us achieve our mission with efficacy and efficiency. If you or someone would like to help BAPESU, please contact us.

Youth Voice Fm International

Email: yofsor@hotmail.com

Contact Person: Anyanwu Chisomaga

Location: Imo State, Nigeria

Tel: +2348064322750

Help Request: I want the voice of youths in my community to be heard, I want development partners to come and collaborate with me and other youths to establish a youth based FM radio



station in my community. We are now eleven in number ready to turn our ideas into sustainable innovations. One of our team members have volunteered to give his room for the studio of YOUTH VOICE FM INTERNATIONAL. So far we need equipment to help in transmitting our voice to the public. This project will provide employment, campaign against the spread of AIDS, give opportunities for youths to know the current activities going on such as : youth conferences, scholarships, internship, entertainment and promote the Millennium Development Goals MDGS. We need these materials to start working: micro phones: CD players: a computer set: transmitter and tape recorders.

Focus Kenya

Email: forcus20002004@yahoo.com or romankariuki@yahoo.com
Tel: +2540723725942, +2540720366493
Ruiru Kiambu Road Next To Hega Centre
P.O Box 27 00232, Ruiru - Kenya

This is humble request! FOCUS Kenya does not have a website we will be very happy and grateful if someone will help us to develop one, so as to enable us spread wings to different part of the world. If you would like to know more about FOCUS make a donation, have an exchange program or volunteer contact us.

Email: jude4prosperity@yahoo.com

Contact Person: Jude Chijioke

Help Request: I am intending to set up a cassava processing factory in a community that produces cassava. I would require assistance in the area of preparing the project business plan, especially the SWOT analysis, profit and loss statement, etc. I will also appreciate assistance as regards sourcing of equipment and machineries, and other technical advice.

Focus Youth Centre in Ruiru Kenya

Email: romankariuki@yahoo.com

Contact Person: ROMAN NYANJUI KARIUKI,
Focus Youth Centre in Ruiru Kenya

Help Request: Hi I am a young person running an orphan and vulnerable children centre in Ruiru, KENYA, together with my youth team. We use art to address topical social issues and raise funds to support the centre. We are not able to raise enough money to offer quality care to these little angels. I am requesting if there are any organisations, individuals or companies that can come to our rescue. We will be more than glad to work with them. If any information is needed about our organisation it can be provided.

Wisdom from the NAYD Members!

"Small men think they are small; great men never know they are great." **Christian P. Tabifor**

"Patience is bitter, but the fruit is sweet."
Asangha Jude Thaddeus

IN THE NEXT EDITION

In the thirteenth edition of INSPIRE you'll find the following topics and issues amongst others

- More and more news on how African youths are impacting changes in the lives of people all over Africa.

- Events, Opportunities and Resources.

For inquiries, please write to
nayd2007@yahoo.com



What is NAYD?

NAYD is the Network of African youths for Development .It began in 2006 and today involves close to 40 youth-led projects in about 20 African countries.

How can you join NAYD?

You are welcome to join NAYD and support the activities of its members. Write to nayd2007@yahoo.com for more information.

Have something to say! Great! Write to us at the above mentioned email and we shall put your article on the newsletter. We invite you to tell the world through our **INSPIRE**: whatever you want to share on development. Are you part of an organisation helping people to be positive? Are you dreaming of a better Africa? Join us and make your voice heard. Send us a mail. Specifically, the objectives NAYD as outlined in its constitution are:

- To promote and encourage the work done by young ● Africans in effecting positive change on the continent. ● To facilitate exchange between youths involved in development, by creating a network of exchange. □ To further the networks formed by and for young Africans for the development of the continent. ● To promote recognition of, mobilise and enhance the capacity of Young Africans internationally and provide them with leadership skills to take action against poverty. To achieve its vision, NAYD works with associations and groups of youths across the African continent and beyond to educate, inform and inspire others to use their power, privilege, skills and abilities to create a better world for current and future generations.

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